



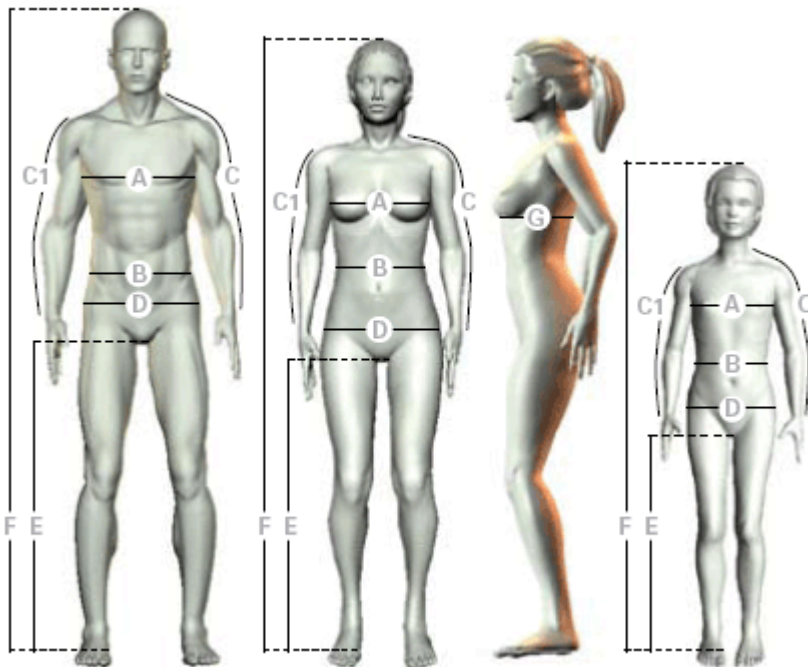
Manufactures Sizing information – cm

Craft`s sizing is very North European in that, like Solo an ibex, the sizing is pretty accurate, and you can confidently follow Craft`s guide measurements below. Just remember that Craft baselayers, (like all baselayers), are designed to fit to the body order for effective moisture transfer to occur.

sizing measurements

Sizing	XS	S	M	L	XL	XXL
chest	87	93	99	105	111	117
waist	75	81	87	93	99	105
seat	89	95	101	107	113	119
shoulder & sleeve length	78	80	82	84	86	88
inside leg	82	84	86	88	90	92
length	172	176	180	184	188	192

socks	XS	S	M	L	XL
	34-36	37-39	40-42	43-45	46-48



A. Chest

Wrap a tape measure evenly around the fullest part around the chest under your arms.

B. Waist

Wrap a measure tape around your natural waistline.

C. Shoulder and sleeve length

Measure from the lowest part of the neck, over the tip of the shoulder and down the outside of the arm, past the elbow and to the wrist. Keep the arm slightly bent.

C1. Sleeve length

Measure from the tip of the shoulder and down the outside of the arm, past the elbow and to the wrist. Keep the arm slightly bent.

D. Seat

Standing with your feet together, measure around the fullest part of your hips.

E. Inside of leg

Standing with your feet together, measure from the crotch all the way down to the floor. Don't forget to stand as straight as possible. You may have to ask a friend to help you.

F. Length

The total length of your body.